

Building future health and well-being of thriving Toddlers and young Children

Session I: Challenges in Nutrition in Toddlers and Young Children

Monday, September 14th, 2020

Chair: Atul Singhal

| Time (CEST) | Topic | Speaker |
|---------------|--|-------------------------|
| 14:00 – 14:05 | Opening | Natalia Wagemans |
| 14:05 – 14:10 | Session introduction & first speaker | Atul Singhal |
| 14:10 – 14:25 | Toddler development and autonomy: Baby-led weaning, responsive feeding and baby-led eating | Maureen Black |
| 14:30 – 14:45 | Global landscape of nutrient inadequacy in Toddlers | Alison Eldridge |
| 14:50 – 15:05 | Toddlers in Brazil: Challenges and opportunities | Mauro Fisberg |
| 15:10 – 15:25 | Growth faltering: Underweight and stunting | Andrew Prentice |
| 15:30 – 15:45 | Obesity in Toddlers and Young Children: Causes and Consequences | Atul Singhal |
| 15:45 – 16:15 | LIVE Q&A session and closing Day 1 | All speakers of the day |

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Session II: Advancing from Infancy to Toddlerhood through food

Tuesday, September 15th, 2020

Chair: Maureen Black

| Time (CEST) | Topic | Speaker |
|---------------|--|-------------------------|
| 14:00 – 14:05 | Opening Day 2 | Natalia Wagemans |
| 14:05 – 14:10 | Session introduction & first speaker | Maureen Black |
| 14:10 – 14:25 | Transition from Breastfeeding & complementary feeding to “Toddler nutrition” in childcare settings | Lorrene Ritchie |
| 14:30 – 14:45 | Taste development, perception and food preference in young Children | Catherine Forestell |
| 14:50 – 15:05 | Introducing hard-to-like foods to infants and Toddlers: Perspectives from Moms and young Children | Susan Johnson |
| 15:10 – 15:25 | Micronutrients needs for Children 1-3 years of age | Steve Abrams |
| 15:30 – 15:45 | Dietary Sugars, as sour as they are made out to be? | Dennis Bier |
| 15:45 – 16:15 | LIVE Q&A session and closing Day 2 | All speakers of the day |

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Session III: Health Behaviors and the Developing Brain

Wednesday, September 16th, 2020

Chair: Charles Hillman

| Time (CEST) | Topic | Speaker |
|---------------|--|-------------------------|
| 14:00 – 14:05 | Opening Day 3 | Natalia Wagemans |
| 14:05 – 14:10 | Session introduction | Charles Hillman |
| 14:10 – 14:25 | Physical Activity, Brain and Cognition | Charles Hillman |
| 14:30 – 14:45 | Nutrition effects on Brain and Cognition in Children | Naiman Khan |
| 14:50 – 15:05 | Importance of Motor Skills Development | Karen Adolph |
| 15:10 – 15:25 | Importance of Providing Opportunities for Health Behaviors during the school day | Darla Castelli |
| 15:25 – 16:00 | LIVE Q&A session and closing of the workshop | All speakers of the day |