The gut Microbiota: Better Evidence, Still Many Questions

Nestlé Nutrition Institute Satellite Symposium

Thursday 12th April 2018
13:00-14:00 | Room Nicolaus
IS3P 2018
Bari | Italy

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What do I Talk About When I Talk About Probiotics?

“Probiotics have the potential to improve human health and reduce risk of diseases mediated by imbalances in the composition and function microbiota. The probiotic field would benefit from research focused on mechanisms of action and characterising responders or non-responders. The use of probiotics to improve health should not be viewed in isolation; it needs to be part of a wider approach for healthy nutrition and lifestyle.”

Influence of HMOs on Commensals and Pathogens – What do we Know?

“HMOs are unique components without any similarity to other oligosaccharides. There is increasing knowledge that these components may not only influence commensals such as Bifidobacteria in the infant’s gut, but also, may help to prevent or ameliorate diseases by directly interfering with different pathogens at the same time.”

Chairperson: Flavia Indrio | Italy