Early Nutrition: Impact on Short- and Long-Term Health

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Foreword

The 68th Nestlé Nutrition Institute Workshop was dedicated to a research area that is gathering a significant amount of interest in the scientific arena: Early nutrition and its impact on long-term health. The International Society for Developmental Origins of Health and Disease has only recently released a position paper on the importance of nutrition in the first 1,000 days [World Nutr 2011;2:195–205].

The scientific evidence from animal and human data showing effects of early nutrition on later health were presented by a group of renowned experts in the field and discussed by an international audience of outstanding health professionals. The topics covered ranged from the nutrition of preterm infants including suggestions on how to improve their short-term outcome by not comprising long-term health, to an evaluation of the current feeding habits of toddlers in different parts of the world. Both problematics, that of ‘over’-feeding and ‘under’-feeding and related malnutrition, were discussed with respect to their long-term outcome. Both weigh equally in their public health burden.

This excellent scientific program was brought together by the three chairpersons, Prof. Hans van Goudoever, Prof. Stefano Guandalini and Prof. Ron Kleinman, to whom we address our special thanks. All three are highly respected in the field of nutrition.

Special thanks go also to Linda Hsieh and her team from the US for her excellent organization and hosting in Washington.

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