

# Let's Fix Dinner

## The 2011 ADA Foundation Nutrition Symposium at FNCE

---

### The Family Meal: Reclaiming the Dinner Table

Sunday, September 25, 2011

San Diego Convention Center

5:30 p.m. to 7:30 p.m.

This program will provide a better understanding of the many and diverse benefits of the family dinner and those factors that may threaten family nutrition and health. The goal is to explore this complex issue from all angles—social epidemiology, the history of dining together in the US, and innovative culinary techniques and practice.

**Session Moderator:** Carolyn O'Neil, MS, RD, LD, co-author, *The Dish on Eating Healthy and Being Fabulous!*



*Every attendee will receive a USB drive loaded with a Family Meals Toolkit. The kit's easy-to-use tools, including "tweetable" tips, help promote family dinners for better nutrition and wellness.*

### Speakers:

Adam Drewnowski, PhD, professor, University of Washington, Epidemiology, UWCOR director

Jayne Fulkerson, PhD, associate professor; co-director, Center for Child and Family Health Promotion Research; co-director, Evaluation and Monitoring, CTSI, University of Minnesota

Mary-Sue Waisman, RD, leader in nutrition communication and cookbook author

Alice Julier, PhD, associate professor and director, Food Studies, Chatham University

Sponsored by 

2.0 CPE hours will be granted to attendees.

**Registration is \$10. Space is limited and will be available on a first come, first served basis.**

---

For more information or to register, visit [www.eatright.org/fnce/foundationevents](http://www.eatright.org/fnce/foundationevents)  
or contact Linda Hudson at [lhudson@eatright.org](mailto:lhudson@eatright.org) or 312-899-4773

---